



BREAKFAST MENU

CITY LOUNGE

Breakfast | Monday to Friday - 7am to 11am | Saturday, Sunday & Bank Holidays - 8am to 11am

BAKERY

3.5 each

PLAIN CROISSANT
(g, d, v)

DANISH PASTRY
OF THE DAY
(g, d, v)

PAIN AU CHOCOLAT
(g, d, v)

HEALTHY KICK

CLASSIC PORRIDGE

Scott oats with milk of your choice |
caramel glaze | seasonal berries |
banana (g)

4.75

CARAMELISED PINK GRAPEFRUIT (v)

5.5

GRANOLA

Toasted oats | blossom honey | natural yoghurt |
caramelised banana | sunflower & pumpkin seeds |
seasonal berries (g, d, v)

6.75

FRESH FRUIT SALAD (v)

7.5

THE CITY SPECIALS

THE CITY BREAKFAST

Eggs of your choice | grilled tomato |
roast field mushrooms | bacon rashers |
sausages | hash browns | black pudding |
baked beans | white or brown toast (g, d)

14.5

VEGAN BREAKFAST MUFFIN

Avocado bread | field mushrooms |
kale | asparagus |
tomato (g, v)

9.5

SUPERFOOD BOWL

Sweet potato | kale |
young spinach | pomegranate |
chia seeds | blueberries |
watermelon (g, v)

9

BACON SARNIE

Bacon rashers | sausage |
house of parliament sauce |
toasted organic sourdough (g, d)

8

CLASSIC BAGEL

Smoked salmon | cream cheese (g, d)

9

EGGS & MORE

Our eggs are locally sourced from The Rhug Estate, an award winning organic farm.

EGGS ON TOAST

Choice of eggs | toasted white, brown
or organic sourdough bread (g, d, v)

5.5

SMASHED AVOCADO

Chilli | lemon | poached egg |
organic bloomer (g, v)

8.5

ALL WHITE OMELETTE

Creamy egg whites | parsley | chives |
chervil | tarragon (d, v)

9.5

SCOTTISH SCRAMBLED EGGS

Smoked salmon | toasted
organic sourdough (g, d)

11.5

FRITTATA

Harissa tomatoes | wild mushrooms |
sweet onions | cheddar (d, v)

13.5

G - contains gluten, D - contains dairy, V - vegetarian, N - contains nuts.

Please let us know if you have any allergies or dietary requirements. A discretionary service charge of 12.5% will be added to your bill.

CITY LOUNGE

⚡ POWER BOOST ⚡

4.5 each

THE FRESH PRESS

Strawberry | banana | maple syrup |
lactose free milk (d, v)

GYM JUNKIE

Spinach | avocado |
maca powder | soya milk (v)

THE GRIND

CHOICE OF MILK

0.30 each

ESPRESSO	3	FLAT WHITE	4
DOUBLE ESPRESSO	3.5	CAPPUCCINO	4
MACCHIATO	3.5	LATTE	4
AMERICANO	3.5	MOCHA	4

SKINNY ALMOND

COCONUT

OAT

SOYA

House Espresso blend with a rich, intense & punchy flavour. Decaf coffee also available.

NEWBY LOOSE-LEAF TEAS

5 each

ENGLISH BREAKFAST

Full-bodied | smooth | spiced

GREEN SANCHA

Fresh | balanced | smooth

ROOIBOS TIRAMISU

Chocolate | nuts | sweet

ASSAM

Full-bodied | malty | honey

ORIENTAL SANCHA

Mango | papaya | floral

GINGER AND LEMON

Fresh | ginger | lemony

EARL GREY

Citrus | balanced | sweet hints

MILK OOLONG

Sweet | cream | caramel

CHAMOMILE

Powerful | floral | mellow

PEPPERMINT

Rich | spicy | intense

DECAFFEINATED ENGLISH BREAKFAST

Malty | rich | citrus

SINGLE ORIGIN FRENCH PRESS

Served in a Cafetière ideal for sharing

2 cups 4.5 | 5 cups 6 | 7 cups 7

THE FRENCHIE

Perfect any time of day.
Bold | smokey | candied lemon

THE BOOSTER

Big and bold great for a lift.
Nutty | chocolatey | treacle

THE MELLOW

Ideal to finish a meal.
Butterscotch | honey | caramel

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ALL DAY MENU

LIGHT BITES & SOUPS

GLAMORGAN SAUSAGES

Sunblushed tomato chutney (g, d, v)
7

SMOKED HAM HOCK TERRINE

House piccalilli | sourdough (g, d)
9

ROASTED TOMATO SOUP

Basil | parmesan cheese straws (g, d, v)
7

SMASHED AVOCADO

Lemon | chilli | organic bloomer (g, v)
8.5

GRILLED TIGER PRAWNS

Chipotle chilli | tomatoes | fine herbs (d)
13.5

SOUP OF THE DAY

Ask your server for today's special
8.5

FAST & FRESH

HERITAGE BEETROOT SALAD

Orange | freekeh | brioche
croutons (g, v)
12

SUPERFOOD BOWL

Sweet potatoes | kale | chia
seeds | blueberries | watermelon |
sesame non-oil dressing (v)
10.5

CHICORY SALAD

Apple | candied walnuts |
Blue Monday (d, n, v)
11

THE CAESAR

Baby gem | crispy bacon | garlic croutons | shaved parmesan (g, d)
Add free range British chicken 3 | Loire Valley goat's cheese 3 | Tiger prawns 6
9.5

SANDWICHES

A selection of wholesome sandwiches home-made with organic bread and produce sourced from British farms.

BOOKMAKER

Fillet of beef | caramelised onions | tomato |
English mustard | triple cooked chips |
ciabatta bread (g, d)
14.5

VEGAN NUGGET WRAP

Avocado | cos lettuce |
tomato chutney (g, v)
9

CLASSIC BAGEL

Cream cheese | smoked salmon | chives |
mixed leaf salad (g, d)
9

FRENCH TOASTIE

Brie | date chutney | rocket
home-made apple slaw (g, d, v)
9.5

CALIFORNIA BLT

Streaky bacon | iceberg lettuce | tomato |
avocado | house-made apple slaw |
organic white or brown toast (g, d)
10

CITY CLUB

Free range British chicken | Rhug Farm organic egg |
iceberg lettuce | tomato | crispy bacon | French fries |
organic white or brown toast (g, d)
12.5

FROM THE GRILL

THE BURGER

Glenam Shorthorn beef or jerk chicken |
Emmental cheese | lettuce | tomato |
truffle mayo | French fries |
sesame bun (g, d, v)

15

**POACHED SCOTTISH
SALMON**

Herb potato salad | roquette |
pickled cucumber

18

28 DAY AGED RIB-EYE STEAK

Maitre d'Hotel butter | roast
king mushroom | slow baked
cherry tomatoes | triple
cooked chips (d)

22

ROTISSERIE BRITISH BABY CHICKEN

Sautéed spinach | corn on the cob | garlic &
mint sauce | harissa | triple cooked chips (d)
(Recommended for 2 people) ⌚ 30'

28

OUR CLASSICS

FISH & CHIPS

Beer battered haddock | triple cooked
chips | mushy peas | tartare sauce (g, d)

15.5

MAKHANI CURRY

Free range British chicken | fenugreek
leaves | naan bread (g, d)

12.5

SLOW COOKED SHORT BEEF RIBS

Bone marrow bread pudding | heritage carrots |
red wine sauce (g, d)

21

PUMPKIN TARTE TATIN

Beetroot | horseradish |
pickled winter vegetables (g, v)

12

SOMETHING EXTRA

4.5 Each

TRIPLE COOKED CHIPS (g, v)

SKIN ON FRIES (g, v)

SAUTÉED SPINACH (d, v)

STEAMED NEW POTATOES & HERB BUTTER (d, v)

FINE GREEN BEANS & CRISPY SHALLOTS (d, v)

BABY PLUM TOMATOES, ONIONS & PARSLEY (v)

TENDER STEM BROCCOLI, CHILLI & LEMON (d, v)

RED CABBAGE & WHOLEGRAIN MUSTARD SLAW (v)

SWEET TREATS

LEMON POSSET

Pistachios | shortbread (g, d, v, n)

7

NEW YORK STYLE CHEESECAKE

Fresh blueberries (g)

5.5

CHOCOLATE BROWNIE

Vanilla ice cream (g)

5.5

**SELECTION OF BRITISH
CHEESES**

Date chutney | oatcakes |
fruit (g, d)

3 for 9.5 | 5 for 12.5

**SELECTION OF ICE CREAM
& SORBETS**

Salted caramel | vanilla & chocolate chips |
lemon | red berries | mango & chilli (d)

2 for 5.5